

BOOK LIST FOR PARENTS

Title: *From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children*

Author: Debra Haffner

Year Published: 2000

Summary: Whether she is discussing how to help kids deal with the onslaught of sexual message they see in the media or providing sensible guidance on teaching the facts of life, Debra Haffner's value-oriented approach to raising sexually healthy children is informative and comforting. Organized from birth through age twelve, her acclaimed book presents a practical, step-by-step program, offering a wealth of practical techniques to help parents identify and communicate their own values about sexuality to their children, while also suggesting to parents the appropriate information to give to children of different ages.

Title: *Protecting the Gift: Keeping Children and Teenagers Safe (and Parents Sane)*

Author: Gavin deBecker

Year Published: 1999

Summary: All parents face the same challenges when it comes to their children's safety: whom to trust, whom to distrust, what to believe, what to doubt, what to fear, and what not to fear. In this empowering book, Gavin deBecker, the nation's leading expert on predicting violent behavior, offers practical new steps to enhance children's safety at every age level, giving you the tools you need to allow your kids freedom without losing sleep yourself. With daring and comparing, he shatters the widely held myths about danger and safety and helps parents find some certainty about life's highest-stakes questions.

Title: *Helping Your Child Recover From Sexual Abuse*

Author: Caren Adams and Jennifer Fay

Year Published: 1992

Summary: This book offers practical guidance for parents who courageously face the days and months after a child's abuse. Written in a positive, reassuring, jargon-free style, it discusses each stage of a child's recovery. Information for parents appears on the left-hand pages; sample conversation and activities for parents and child together are on the right-hand pages. The book presents the collective wisdom of numerous parents who have been through this experience and have learned how to help their children feel stronger, safer, braver, more loveable, worthwhile and competent.

Title: *The Right Touch*

Author: Sandy Kleven

Year Published: 1997

Summary: This book reaches far beyond the usual scope of a children's picture book. It is a parenting book that introduces a very difficult topic – the sexual abuse of young children. This gentle, thoughtful story is meant to be read aloud by a trusted caregiver. (3-8 year olds)

Title: *My Body is Private*

Author: Linda Walvoord Girard

Year Published: 1984

Summary: A mother child conversation introduces the topic of sexual abuse and ways to keep one's body private. (6-10 year olds)

Title: *Identifying Child Molesters: Preventing Child Sexual Abuse by Recognizing the Patterns of the Offenders*

Author: Carla Van Dam

Year Published: 2001

Summary: Understanding the behavior that molesters exhibit when trying to obtain access to children is essential to protecting children from their advances. This book teaches you to recognize and understand the seemingly invisible events that typically precede child sexual abuse.